



LYCAN

FITNESS EQUIPMENT



ENDURANCE

ENDURANCE CATEGORY

ELITE AIRBIKE



LYCAN ELITE AIRBIKE

The Lycan Elite Air Bike is a belt-driven fan bike engineered for intense, full-body training. Its unlimited air resistance system responds instantly to each push, pull, and pedal—automatically increasing the challenge based on the user's effort. Equipped with multi-grip handles and a heavy-duty frame, it enables users to engage both upper and lower body or isolate either using the central foot pegs. Built for durability and high performance, it's ideal for conditioning, interval training, and functional fitness workouts.

SPECIFICATIONS

Length: 47 inches / 120 cm - **Width:** 21 inches / 55 cm

Height: 48 inches / 122.5 cm

Max distance high of the seat from the lowest position of the pedal:
37 in / 93 cm

Lowest distance high of the seat from the lowest position of the pedal:
26 in / 66 cm

Machine Weight: 64 kg / 141 lbs.

Recommended Usage Space: 4 ft x 6 ft / 121 cm x 182 cm

Maximum User Weight Capacity: 160 kg / 352 lbs.

FEATURES

- Belt-driven steel fan wheel ensures smooth, quiet, and responsive resistance.
- Unlimited air resistance automatically adjusts to user effort, providing scalable workout intensity.
- Wireless heart rate compatibility supports real-time pulse monitoring with chest straps (not included).
- Foot pegs allow for upper-body isolation or passive recovery during workouts.
- Ergonomic multi-grip handlebars offer multiple training positions and enhanced comfort.
- Oversized cushioned seat with quick-adjust height system provides a customized fit for every user.
- Integrated transport wheels and rear handle enable easy mobility and repositioning.
- Fully enclosed crank system protects internal components from dust and wear.
- Heavy-duty, commercial-grade frame built to withstand high-intensity training environments.
- Black powder-coated finish delivers a sleek, durable, and scratch-resistant surface.

PROGRAMMABLE CONSOLE

8 Preloaded Training Programs, including: 20/10 intervals, 10/20 intervals, custom intervals, time target, distance target, calorie target, heart rate target, and quick start mode.

On-Screen Metrics Displayed: time, distance, speed, calories, watts, resistance level, heart rate, and RPM.

Bluetooth Connectivity, compatible with POLAR heart rate monitors and the Kinomap app for interactive training sessions and real-route simulations.

MONITOR DISPLAY



WARRANTY

Limited Warranty of 5 years on the frame,
2 years on the console and 1 year for other parts

ELITE SKIER



LYCAN ELITE SKIER

The Lycan Elite Skier is a high-performance air-resistance ski simulator designed for elite fitness facilities. It features ergonomic strap handles and a self-adjusting performance monitor for accurate data tracking. Engineered to replicate the full-body motion of cross-country skiing, it builds strength and endurance through smooth, rhythmic poling movements. This low-impact, high-calorie-burning workout is ideal for users of all ages and fitness levels. Resistance is fully user-controlled—the harder you pull, the faster the fan wheel spins, instantly increasing the challenge.

SPECIFICATIONS

Floor Stand Dimension:

Length: 51 in / 130 cm

Width: 23 in / 58 cm

Height: 86 in / 218 cm

Wall Mount Dimension:

Length: 21 in / 53 cm

Width: 15 in / 37 cm

Height: 85 in / 216 cm

Machine Weight:

Wall Mounted: 32 kg / 70 lbs.

Floor Standing: 47 kg / 103 lbs.

Recommended Usage Space: 179 cm x
226 cm = 71 in x 89 in

Maximum User Weight Capacity:

Unlimited

FEATURES

- Double-sleeve, cord-driven steel fan wheel for powerful and reliable air resistance.
- 10 levels of adjustable air resistance to tailor workout intensity to any fitness level.
- Wireless connectivity for heart rate monitoring, data syncing, and app integration.
- Ergonomic handle system with high-tension pull cords ensures smooth and consistent motion.
- Integrated phone mount, perfect for streaming entertainment or following fitness apps.
- Two installation options:
 - Wall-mounted for maximum space efficiency.
 - Free-standing with built-in caster wheels for easy transport and flexibility.
- Non-slip foot platforms provide secure footing and stability during high-intensity workouts.
- Commercial-grade, heavy-duty construction for long-term durability with minimal maintenance.
- Black powder-coated frame for a sleek, professional finish.

PERFORMANCE MONITOR L3+

Backlit LCD Display

Displays key workout metrics, including: time and distance rowed, calories burned, power output (watts), stroke rate and cadence (measured in watts, calories, and meters), average split time per 500 meters, and estimated finish time or distance.

Customizable Workouts

Set personalized countdowns based on time, distance, or calories. Includes interval training options and workout memory for tracking performance over time.

App Compatibility – Kinomap

Fully compatible with Kinomap, an interactive fitness app offering real-route rowing videos, structured workouts, and global online challenges for an engaging training experience.



MONITOR DISPLAY



WARRANTY

Limited Warranty of 5 years on the frame,
2 years on the console and 1 year for other parts

ELITE ERGOBIKE



LYCAN ELITE ERGOBIKE

The Lycan Elite Ergo Bike is engineered for both commercial fitness centers and personal use. Its belt-driven fan wheel system offers a smooth, responsive balance of momentum and resistance, delivering a cycling experience that closely replicates riding a real bike. Constructed with heavy-duty, commercial-grade materials, it ensures long-lasting durability while requiring minimal maintenance.

SPECIFICATIONS

Length: 53 in / 135 cm

Width: 24 in / 61 cm

Height: 54 in / 138 cm

Maximum seat height from lowest pedal position: 41 in / 104 cm

Minimum seat height from lowest pedal position: 32 in / 81 cm

Handle reach range (from seat): 16.5 in – 25 in / 42 cm – 64 cm

Machine weight: 42 kg / 93 lbs.

Recommended usage space: 85 in x 72 in / 217 cm x 183 cm

Maximum user weight capacity: 160 kg / 352 lbs.

FEATURES

- Belt-driven steel fan wheel for smooth and quiet operation
- Adjustable air resistance with 10 levels for personalized workout intensity
- Wireless compatibility for heart rate tracking, workout data syncing, and app integration
- Fully adjustable handlebar with vertical and horizontal movement for optimal comfort
- Easily adjustable saddle height and fore/aft position to fit any user
- Integrated phone mount, perfect for entertainment or fitness apps
- Caster wheels for effortless mobility and repositioning
- Heavy-duty, commercial-grade construction ensures maximum durability and minimal maintenance
- Sleek black powder-coated frame paired with an aluminum gray post for a modern look

PERFORMANCE MONITOR L3+

Backlit LCD Display: Shows essential workout data including time and distance pedaled, calories burned, power output (watts), RPM, cadence (in watts, calories, and meters), average split time per 1000 meters, and estimated finish time or distance.

Customizable Workouts: Allows you to set personalized countdowns for time, distance, or calories, with interval options and workout memory to track progress.

App Compatible – Kinomap: Connects seamlessly with Kinomap, an interactive app featuring real-route cycling videos, structured workouts, and online challenges for a more engaging experience.



MONITOR DISPLAY



WARRANTY

Limited Warranty of 5 years on the frame,
2 years on the console and 1 year for other parts

ELITE ROWER



LYCAN ELITE ROWER

The Lycan Elite Rower is a high-performance machine designed for rowing athletes and fitness enthusiasts alike. Commonly found in fitness facilities, CrossFit boxes, gyms, and training studios, it combines commercial-grade durability with low maintenance requirements. Its precision-tuned performance monitor provides accurate feedback, supporting competitive and goal-driven training experiences.

SPECIFICATIONS

Length: 94 in / 239 cm

Width: 24 in / 61 cm

Height: 43 in / 109 cm

Seat height: 14 in / 35 cm

Usable rail length: 43 in / 109 cm

Machine weight: 39 kg / 86 lbs.

Recommended usage space: 119 in x 72 in / 301 cm x 182 cm

Maximum user weight capacity: 150 kg / 331 lbs.

FEATURES

- Chain-driven steel fan wheel
- Adjustable air resistance with 10 levels for personalized intensity
- Wireless support for heart rate tracking, workout data syncing, and app integration
- Magnetic strap buckles for easy release and secure foot placement
- Ergonomic handle for improved grip and comfort during long sessions
- Integrated phone mount, ideal for entertainment or fitness apps
- Ergonomic, comfortable seat cushion designed for long-duration use
- Standeable and separable design for easy storage and transport
- Heavy-duty, commercial-grade construction for maximum durability and minimal maintenance
- Black powder-coated frame with stainless-steel rail

PERFORMANCE MONITOR L3+

Backlit LCD Display: Displays essential workout data including time and distance rowed, calories burned, power output (watts), stroke rate, cadence (in watts, calories, and meters), average split time per 500 meters, and estimated finish time or distance.

Customizable Workouts: Set personalized countdowns for time, distance, or calories, with interval options and workout memory for tracking progress.

App Compatible – Kinomap: Connects with Kinomap, an interactive app offering real-route rowing videos, structured workouts, and online challenges for a more engaging experience.



MONITOR DISPLAY



WARRANTY

Limited Warranty of 5 years on the frame,
2 years on the console and 1 year for other parts

LYCAN PRO RUNNER



LYCAN PRO RUNNER

The Lycan Pro Runner is far from an ordinary treadmill. Engineered to elevate your performance, it enhances power, speed, endurance, and agility—helping you achieve greater results in every training session thanks to its integrated variable resistance system. Experience unmatched speed, an increased metabolic rate, and maximum activation of your glutes and hamstrings. This is made possible by innovative magnetic resistance combined with a dual-handlebar design that supports a dynamic and challenging workout.

SPECIFICATIONS

Length: 68 in / 172 cm

Width: 34 in / 85 cm

Height: 63 in / 161 cm

Machine weight: 133 kg / 293 lbs.

Recommended usage space: 10.5 ft x 6 ft / 322 cm x 185 cm

Maximum user weight capacity: 150 kg / 330 lbs.

Number of slats: 60 pieces

Number of bearings: 120 pieces

Running surface: 63 in x 19 in / 160 cm x 48 cm

FEATURES

- **Non-Motorized Belt** – Moves entirely at your pace, allowing for a natural, self-powered running experience that responds instantly to your speed.
- **Dual Handlebar Design** – Features both low and high grip positions to promote proper posture and maximize muscle engagement during pushes.
- **Programmable & Intuitive Console** – Easy-to-use interface that lets you customize your workouts and track key performance metrics in real time.
- **Four Resistance Levels** – Adjustable magnetic resistance provides training variety for all fitness levels, from endurance to power-focused sessions.
- **High-Curvature Running Surface** – Offers a smooth, ergonomic running feel that reduces joint impact and encourages forward momentum.
- **Built-in Transport Wheels & Handle** – Integrated handlebar and caster wheels make it easy to move and reposition the treadmill with minimal effort.
- **Anti-Slip Slats** – Textured running slats provide enhanced traction and grip, ensuring stability and safety during high-intensity sprints or pushes.

PROGRAMMABLE CONSOLE

7 Preloaded Training Programs, including 20/10 intervals, 10/20 intervals, custom intervals, time target, distance target, calorie target, and heart rate target.

On-Screen Metrics Displayed: time, distance, speed, calories, watts, resistance level, heart rate, and RPM.

Bluetooth Connectivity: Compatible with POLAR heart rate monitors and the Kinomap app for interactive training sessions and real-route simulations.



MONITOR DISPLAY



WARRANTY

Limited Warranty of 5 years on the frame,
2 years on the console and 1 year for other parts



2031 NW 29TH STREET, OAKLAND PARK, FL 33311
WWW.LYCANFITNESS.COM
INFO@LYCANFITNESS.COM